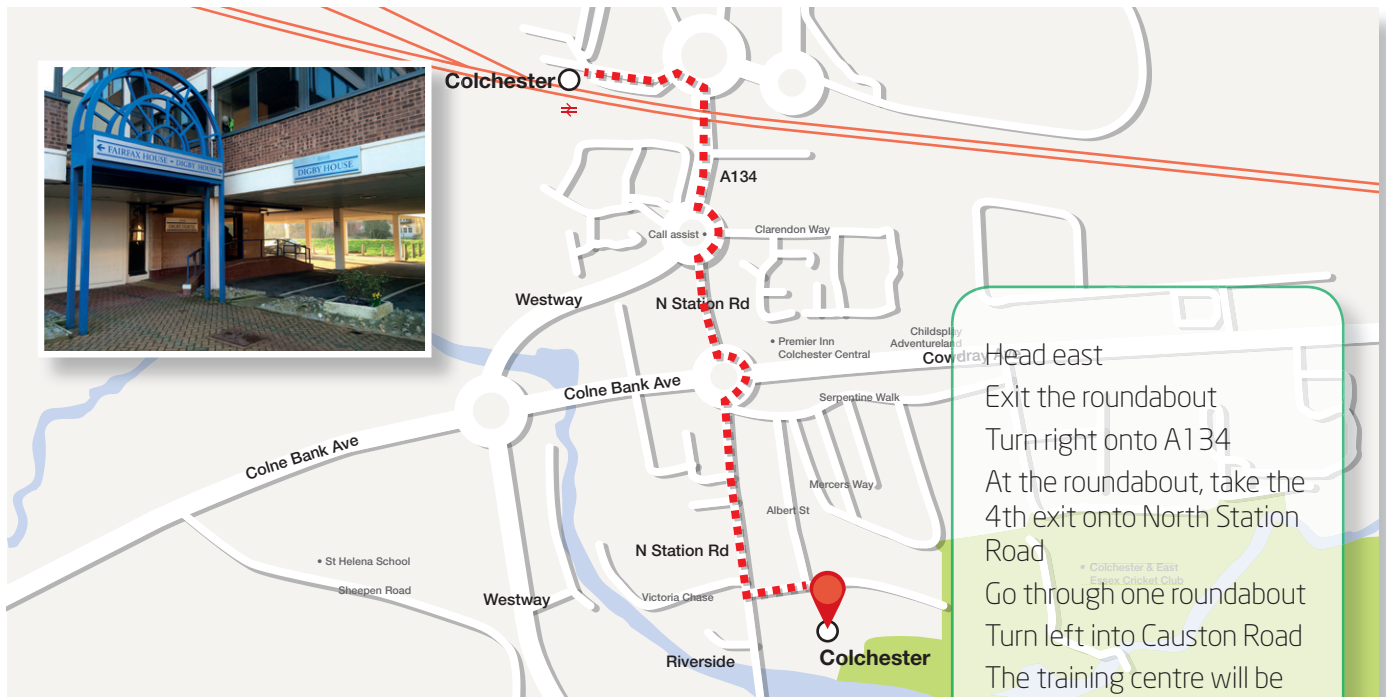
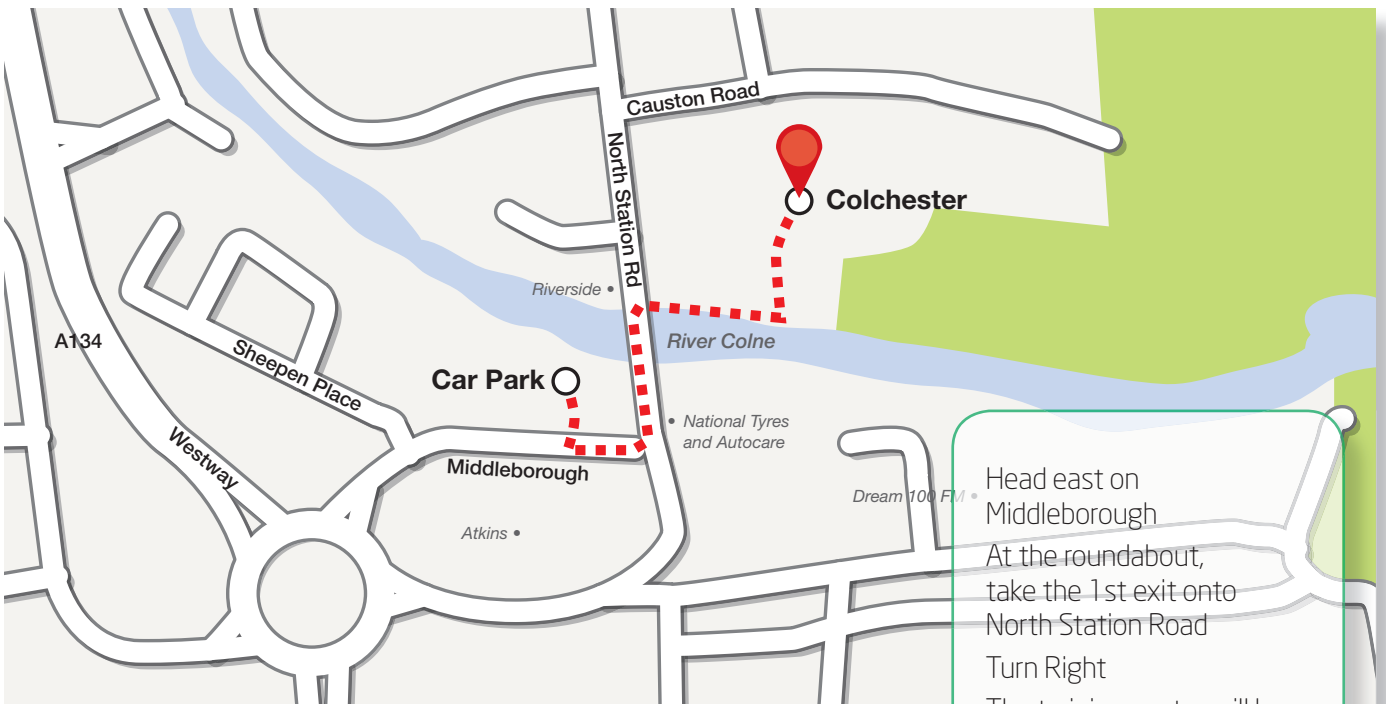


From the Train Station



Head east
 Exit the roundabout
 Turn right onto A134
 At the roundabout, take the 4th exit onto North Station Road
 Go through one roundabout
 Turn left into Causton Road
 The training centre will be on your right

From the Car Park



Head east on Middleborough
 At the roundabout, take the 1st exit onto North Station Road
 Turn Right
 The training centre will be on your left